

DUO-BACK© TYPE 11+12 - CHAIR ADJUSTMENTS

1. SEAT HEIGHT

To Raise the chair in height lift this lever whilst unseated. To Lower the chair in height lift this lever whilst seated.

2. SYNCHRONOUS ADJUSTMENT

By pressing down on this lever the chair mechanism will be in free float. To lock the synchronous mechanism simply find a position you find comfortable and raise the lever to lock it off.

3. ERGOLAST® WEIGHT TENSION CONTROL

First pull this handle out sideways to the right as this will make it easier for you to adjust. By rotating the handle forwards you will increase the level of resistance to the synchronous action of the chair and by rotating it backwards, the resistance is reduced. Adjust to suit your body weight.

4. SEAT TILT MECHANISM (This Is An Optional Feature)

Push this lever down and forwards to release the independent seat tilt mechanism. Adjust the seat in angle back or forth and lock in the desired position by pushing this lever down and backwards.

5. SLIDING SEAT MECHANISM

Depress this button and slide the seat back or forth to adjust the seat to your upper leg length. Releasing the button will lock the seat in place.

6. DUO-BACK© HEIGHT ADJUSTMENT

Turn this wheel (1/2 to 1 turn) in an anti-clockwise direction to loosen the back rest, then with your free hand raise or lower the back rest to the desired height and lock it in place by turning this wheel in a clockwise direction.

7. DUO-BACK© WIDTH ADJUSTMENT

Turn this wheel in a clockwise direction to decrease the width of the Duo-Back© back rest pads and in an anti-clockwise direction to increase the width.

8. ARMRESTS WIDTH ADJUSTMENT

Loosening these levers by pushing them down will enable you to adjust the armrest width in or out from underneath the seat pan. Once in the desired position, lift the levers back up to lock in place.

9. ARMREST HEIGHT ADJUSTMENT

Press and hold this button, raise or lower the arm rest to the desired position and release the button.

10. ARMREST PAD ADJUSTMENT

The arm rest pad tops can be slid forwards and backwards from the central position. By pressing and holding this button whilst twisting the top pad, the armrest can be rotated through 360 degrees.

